



### HSBC Return to Play (COVID-19 Mitigation Plan for Practice)

1. No player may return until the HSBC "Return to Play Waiver" has been signed.
2. Any player that is showing symptoms of any illness should not attend practice.
3. Every club member must follow all CDC, local, and state guidelines for facilities and events.
4. Encourage parents to supply their players with antibacterial wipes and hand sanitizer for disinfecting shared playing equipment and cleaning hands.
5. Players are allowed to wear PPE items if they choose, as long as the items do not compromise the safety of any and all participants in the game, but it is not required.
6. Teams and players will not be allowed to use dugouts or share un-sanitized equipment.
7. Coaches should consider adjusting the practice formats and increasing the amount of time between other teams practices, to minimize overlap and traffic flow where needed.
8. The use of sunflower seeds, bubble gum, or any shared food items is banned.
9. Attendance of practice will be limited to coaches and players only. No parents or spectators will be allowed to stay for the duration of practice.
10. Attendance forms must be completed before any practice, game, or event can begin, and then emailed to the club. Coaches should utilize forms provided by the club.
11. Minimize player contact by eliminating team/player handshakes and team/player high fives.
12. Details of park COVID-19 specific rules pertaining to park entry, social distancing guidelines, etc. will be sent to each Coach, Player, and Families once received.
13. Players should bring their own personal beverages or water bottles instead of using a team cooler.
14. Restrooms will not be available for use.